**Seminole Hawks Athletics**

Seminole Middle School offers a variety of middle school athletics during the school year. Every year we compete for Division Championships and the Pinellas County Athletic Middle School Championship. Athletics is a great way to get involved in our school. We offer the following athletic programs:

FALL: Boys and Girls Volleyball, Boys and Girls Cross Country (2 mile run)

WINTER: Boys and Girls Basketball, Cheerleading

SPRING: Boys and Girls Track and Field, Boys and Girls Flag Football

**TRYOUT INFORMATION**

Before a student can try out for any sport, they must fulfill **ALL** requirements before they are allowed to participate.

**There are 3 forms that must be completed and turned in before trying out:**

1. **Middle School Activities Participation form** (attached): Must be filled out by parents/guardian(s) and signed by **BOTH** parent/guardian(s) and student.
2. **Pre-Participation Physical Form** (attached)
   1. You may use this form or one from your doctor’s office.
   2. Either form you use, the guardian(s) must fill out the **medical history side AND sign it**.
   3. Please make sure your doctor fills out the examination side and they **sign AND date it**.
   4. Physicals are good for 1 calendar year.
3. **Student Accident Insurance**: All students are required to purchase middle accident school insurance. It can be found online at the Pinellas County School Board Web Site. [www.pcsb.org/Studentinsurance](http://www.pcsb.org/Studentinsurance) Scroll to the bottom of the page, click HERE to enroll. Info attached to the packet.
   1. When you complete this process, you will need to **print a confirmation page** to be turned in with other forms.

* For Home school students or Madeira Beach Fundamental school students who live in our school zone can participate in our athletic programs. You will need to fill out these forms plus you will need to fill out the Co-Enrollment form and submit it to the county office. Then you will have to contact our front office to confirm everything is cleared. Please contact the coaches about this ahead of time so we can help in the process.

**IMPORTANT**- A Student **WILL NOT** be allowed to tryout if all 3 forms are not completed and turned in, **NO EXCEPTIONS**!

**-Students must have AT LEAST a 2.0 grade point average to be on the team.**

**-Once you have been cleared to tryout for 1 athletic team, you do not have to submit these forms again if you want to tryout for another athletic team. Please check with Coach Lance to make sure nothing has changed.**

-Any questions or concerns about the athletic Paperwork, please contact Coach Lance at [lanced@pcsb.org](mailto:lanced@pcsb.org)

Thank You

SMS Athletics